

SWIM MEET INFORMATION

SWIMMER'S NAME: _____

MEET: 2012 FGC Senior Championships

DATE: February 17- 19, 2012

FACILITY: Plantation Central Park Pool
Is located 1 ¼ miles West of University Drive just North of Broward Boulevard. Heading West on Broward Boulevard, turn right on Central Park Drive and take the first right turn into the complex (3/8 miles West of Pine Island Road) See web site:
www.jdswim.com/directions.htm

ELIGIBILITY: Open to all 2012 USA swimming registered athletes and foreign athletes that have been invited by USA Swimming; that have achieved the listed qualifying times between February 17, 2009 and February 17, 2012

ENTRY LIMIT: Each swimmer will be limited to a maximum of 3 individual events per day.

ENTRY FEE \$5.00 per individual event. \$7.50 swimmer surcharge

FINALS: All Finals will be competed in 10 lanes. The Championship Finals will follow the Consolation Final. Friday's 500 free and Saturday's 400 IM is a positive check-in event swum as timed finals. The Top 10 swimmers checked in will swim in finals at night.

AWARDS: **Individual Events:** Medals 1st – 3rd **Relay Events:** Medals 1st

ADMISSION: \$3.00 per session / Heat Sheets \$3.00 each session.

PLEASE HIGHLIGHT OR CIRCLE WITH A PEN THE EVENTS YOU WANT TO SWIM.

RETURN THIS FORM AND PAYMENT (CASH OR CHECK PAYABLE TO JDPO) **BY TUESDAY FEB. 7, 2012** TO YOUR COACH. ONLY AFTER RECEIVING FORM AND PAYMENT THE SWIMMER WILL BE ENTERED IN THE MEET.

I WOULD LIKE TO BE ENTERED IN ____ EVENTS X \$ 5.00 = \$ _____
SWIMMER SURCHARGE \$ 7.50 = \$ _____
TOTAL = \$ _____

ORDER OF EVENTS

Friday, February 17, 2012 Prelims: Warm up 8:00 a.m. – Meet Starts at 9:00 a.m.					
Event #	Event	Women Conforming Times Yards	Men Conforming Times Yards	Women Non Conforming Times Meters	Men Non Conforming Times Meters
3-4	15-16 200 Back	2:29.19	2:15.59	2:48.19	2:32.99
5-6	Open 200 Back	2:29.19	2:15.59	2:48.19	2:32.99
7-8	15-16 100 Free	1:00.79	54.79	1:08.19	1:01.99
9-10	Open 100 Free	1:00.79	54.79	1:08.19	1:01.99
11-12	15-16 200 Fly	2:25.49	2:13.59	2:42.39	2:31.99
13-14	Open 200 Fly	2:25.49	2:13.59	2:42.39	2:31.99
15-16	15-16 50 Breast	35.19	31.99	39.99	35.99
17-18	Open 50 Breast	35.19	31.99	39.99	35.99
19-20	15-16 500 Free	5:35.39	5:11.69	4:59.29	4:42.39
21-22	Open 500 Free	5:35.39	5:11.69	4:59.29	4:42.39
Friday, February 17, 2012 Finals: Warm up 4:00 pm. – Meet Starts at 5:00 p.m.					

Saturday, February 18, 2012 Prelims: Warm up 8:00 a.m. – Meet Starts at 9:00 a.m.					
Event #	Event	Women Conforming Times Yards	Men Conforming Times Yards	Women Non Conforming Times Meters	Men Non Conforming Times Meters
25-26	15-16 200 Free	2:09.29	1:56.79	2:24.49	2:13.59
27-28	Open 200 Free	2:09.29	1:56.79	2:24.49	2:13.59
29-30	15-16 50 Back	30.99	29.19	34.99	32.99
31-32	Open 50 Back	30.99	29.19	34.99	32.99
33-34	15-16 200 Breast	2:49.69	2:49.69	3:13.39	2:57.79
35-36	Open 200 Breast	2:49.69	2:49.69	3:13.39	2:57.79
37-38	15-16 100 Fly	1:06.59	1:00.59	1:14.89	1:07.39
39-40	Open 100 Fly	1:06.59	1:00.59	1:14.89	1:07.39
41-42	15-16 400 IM	5:06.29	4:48.79	5:46.39	5:21.49
43-44	Open 400 IM	5:06.29	4:48.79	5:46.39	5:21.49
Saturday, February 18, 2012 Finals: Warm up 4:00 pm. – Meet Starts at 5:00 p.m.					

Sunday, February 19, 2012 Prelims: Warm up 8:00 a.m. – Meet Starts at 9:00 a.m.					
Event #	Event	Women Conforming Times Yards	Men Conforming Times Yards	Women Non Conforming Times Meters	Men Non Conforming Times Meters
49-50	15-16 100 Back	1:09.89	1:01.59	1:19.49	1:11.29
51-52	Open 100 Back	1:09.89	1:01.59	1:19.49	1:11.29
53-54	15-16 50 Fly	30.89	28.19	34.99	31.99
55-56	Open 50 Fly	30.89	28.19	34.99	31.99
57-58	15-16 100 Breast	1:18.89	1:11.09	1:30.79	1:20.49
59-60	Open 100 Breast	1:18.89	1:11.09	1:30.79	1:20.49
61-62	15-16 50 Free	28.39	25.29	31.89	28.69
63-64	Open 50 Free	28.39	25.29	31.89	28.69
65-66	15-16 200 IM	2:24.49	2:12.79	2:43.89	2:30.19
67-68	Open 200 IM	2:24.49	2:12.79	2:43.89	2:30.19
	10 Minute Break	X	X	X	X
69	15-16 W-1650 Free	19:38.29	X	19:58.09	X
69	Open W-1650 Free	19:38.29	X	19:58.09	X
70	15-16 M-1650 Free	X	18:27.49	X	18:44.99
70	Open M-1650 Free	X	18:27.49	X	18:44.99
Sunday, February 19, 2012 Finals: Warm up 4:00 pm. – Meet Starts at 5:00 p.m.					