

SWIM MEET SIGN UP

SWIMMER'S NAME: _____

MEET *PBC Spring Developmental Meet. - Lake Lytal*

DATES & TIMES: **Saturday, May 29, 2010.**
Session 1: 8 & Und. Warm-up 7:30 am 8:00 a.m. Start 8:00 a.m
Session 2: 10 & Over Warm-up 9:30 a.m.(South Side of pool available if needed) 10:30 Start.

FACILITY Lake Lytal Pool is located within Lake Lytal Park, 3645 Gun Club Rd., West Palm Beach, Fl.
 From I-95 Exit Southern Blvd. West to Congress Ave. Ramp. Take a left onto Congress. Turn right at the 1st light. Enter the 2nd exit of Lake Lytal Park. The aquatic center is on your left.
 Map of Lake Lytal Park can be found at www.jdswim.com/directions.htm.

ELIGIBILITY: Open to all 2010 registered USA Swimming members.

ENTRY LIMIT: Swimmers may enter a total of 5 events plus relays.

ENTRY FEE: \$2.50 per individual event. \$1.00 swimmer surcharge, \$ 5.00 per relay event

AWARDS: Individual Events: Ribbons 1st-10th

Session 1: Warm-up 7:30 Meet / Start 8 am		Session 2: Warm-up 9:30 Meet / Start 10:00am			
1-2	8 & Und. 100 Medley R.	25-26	10 & Under 100 Medley R	57-58	11 & Over 200 Fly+
3-4	8 & Under 25 Free*	27-28	11 & Over 200 Medley R	59-60	9-10 50 Fly
5-6	8 & Under 50 Free	29-30	10 & Und. 200 Free	61-62	11-12 50 Fly
7-8	8 & Under 25 Back*	31-32	11 & Over 200 Free#	63-64	OPEN 100 Fly**
9-10	8 & Under 50 Back	33-34	9-10 50 Free	65-66	9-10 100 Free
11-12	8 & Under 100 IM	35-36	11 & Over 50 Free#	67-68	11 & Over 100 Free#
13-14	8 & Under 25 Fly*	37-38	9-10 50 Back	69-70	9-10 50 Breast
15-16	8 & Under 50 Fly	39-40	11-12 50 Back	71-72	11-12 50 Breast
17-18	8 & Under 25 Breast*	41-42	OPEN 100 Back**	73-74	OPEN 100 Breast**
19-20	8 & Under 50 Breast	43-44	9-10 100 IM		5 min. Break
21-22	8 & Und. 100 Fr. Relay	45-46	11-12 100 IM	75-76	OPEN 500 Free++
23-24	8 & Und. 100 Fr.	47-48	OPEN 200 IM**		5 min. Break
		49-50	10 & Under 100 Free R	77-78	OPEN 400 IM++
		51-52	11 & Over 200 Free R		
		53-54	11 & Over 200 Back+		
		55-56	11 & Over 200 Breast+		

*Separate Age Groups for placing and awards 6 & Under, 7-8

** Separated Age Groups for Placing and Awards 10 & Under, 11-12, 13 & Over

Separated Age Groups for Placing and Awards 11-12, 13 & Over

+Will be combined into 1 event if deemed to save time ++ Positive Check-In 11:00am Seeded Fastest to Slowest Alternating Girls & Boys

PLEASE HIGHLIGHT OR CIRCLE WITH A PEN THE EVENTS YOU WANT TO SWIM (UP TO 5 EVENTS PER DAY). RETURN THIS FORM AND PAYMENT (CASH OR CHECK PAYABLE TO **JDPO**) **BY TUESDAY MAY 25, 2010** TO YOUR COACH. AFTER RECEIVING FORM AND PAYMENT THE SWIMMER WILL BE ENTERED IN THE MEET.

I WOULD LIKE TO BE ENTERED IN _____ EVENTS X \$2.50 = \$ _____
 SWIMMER SURCHARGE \$1.00 = \$ _____
 TOTAL = \$ _____