

Jupiter Dragons Swim Team

Short Course Team Schedule

Starting on Monday January 9, 2012

Group	Mon.	Tues.	Wed.	Thu.	Fri.	Sat.
Purple I		3:00 - 3:45 pm	3:00 - 3:45 pm	3:00 - 3:45 pm		
Purple II		3:45 - 4:30 pm	3:45 - 4:30 pm	3:45 - 4:30 pm		
Green I	3:00 - 3:45 pm	3:00 - 3:45 pm	3:00 - 3:45 pm	3:00 - 3:45 pm	3:00 - 3:45 pm	
Green II	3:45 - 5:00 pm	3:45 - 5:00 pm	3:45 - 5:00 pm	3:45 - 5:00 pm	3:45 - 5:00 pm	
Orange		6:00 - 7:00 pm	6:00 - 7:00 pm	6:00 - 7:00 pm		
Red	6:00 - 7:30 pm	6:00 - 7:30 pm	6:00 - 7:30 pm	6:00 - 7:30 pm	5:30 - 6:30 pm	
Elite	4:30 - 6:00 pm	4:30 - 6:00 pm	4:30 - 6:00 pm	4:30 - 6:00 pm	4:30 - 5:30 pm	8:00 - 10:00 am (swim+dryland)
Blue	5:00 - 7:00 pm (swim) 7:00 - 7:30 pm Senior (dry-land)	5:00 - 7:00 pm (swim) 7:00 - 7:30 pm Junior (dry-land)	5:00 - 7:00 pm (swim) 7:00 - 7:30 pm Senior (dry-land)	5:00 - 7:00 pm (swim) 7:00 - 7:30 pm Junior (dry-land)	5:00 - 6:30 pm (swim)	8:00 - 10:00 am (swim) 10:00 - 10:45 am (dry-land)

NOTE: **Blue - Senior - Dry-land is on Mon. & Wed. 7:00 – 7:30 p.m. Sat. 10:00 – 10:45 a.m.**
Blue - Junior - Dry-land is on Tue. & Thur. 7:00 – 7:30 p.m. Sat. 10:00 – 10:45 a.m.
Blue group A.M. practices - TBA

MONTH	DATE	MEET NAME	LOCATION	ELIGIBILITY
January	20-22	FGC Inv. - SCY	Martin County	ABC - Times
	29	Team Awards Banquet	Jupiter Community Center	All Swimmers
February	3-5	FGC Inv. - SCY	Coral Springs	ABC - Times
	11	Area 1 Developmental	North Palm C.C.	Sub JO Times
	17-19	FG Senior Champs	Plantation	Senior Qualifying Times
	25-27	FG Area 1 Dev. Champs-SCY	Lake Lytal	Sub JO Times
March	9-11	FG SCY Jr. Olympics – 14&U	Coral Springs	JO Qualifying Times
	15-18	Speedo Champs-Sectionals	Orlando	Sectional Q Times
	17-25	All Groups Spring Break - No		
	23-25	FG - FL All Star Meet-SCY	Indian River	Selection at JO's

If you have any questions regarding the program please feel free to call me at **(561) 626-7654** or email me at **kiril@bellsouth.net**.

Coach Kiril Zahariev (Coach "K")